



**KNOWLEDGE
IS PROGRESS**



POLAR VANTAGE V2
PREMIUM MULTISPORT WATCH

KNOWLEDGE IS PROGRESS. POLAR VANTAGE V2

POLAR®



THE BEAUTY TO YOUR BEAST

Polar Vantage V2 allows you to really get under the skin of who you are.

When you understand your body better – you plan better, train smarter and recover fully. Because the more you know, the better you can become.



ULTRA-LONG BATTERY LIFE & MULTIPLE POWER SAVE OPTIONS

Power through even your longest sessions.

POLAR PRECISION PRIME™

Track your heart rate easily from the wrist with Polar's unique sensor fusion technology.

TRAINING LOAD PRO™ & RECOVERY PRO™

Balance your training and avoid overtraining and injuries.

FITSPARK™ DAILY TRAINING GUIDE

Get ready-made daily workouts that match your recovery and readiness.

NIGHTLY RECHARGE™ RECOVERY MEASUREMENT

Learn how well your body recovers during the night.

SLEEP PLUS STAGES™ SLEEP TRACKING

Track your sleep stages and get detailed sleep insights.

PERFORMANCE TESTS FOR RUNNING AND CYCLING

Test your performance and personalize your heart rate, speed and power zones.

LEG RECOVERY TEST

See whether your legs are ready for training and follow your progress.

FUELWISE™ SMART FUELING ASSISTANT

Learn to refuel during your longer training sessions.

RUNNING POWER FROM THE WRIST

Get more insight into your runs.

MUSIC CONTROLS

Easily navigate around your playlist and adjust volume straight on your watch.

WEATHER

Prepare for weather changes with weather info & forecasts.

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