# KOUEDESS SPEERESS



# **POLAR VANTAGE V2** premium multisport watch

KNOWLEDGE IS PROGRESS. POLAR VANTAGE V2

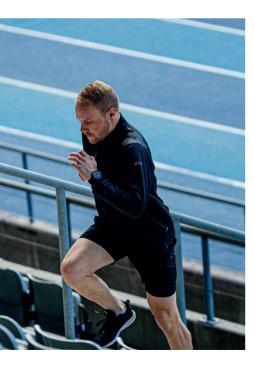






Polar Vantage V2 allows you to really get under the skin of who you are.

When you understand your body better – you plan better, train smarter and recover fully. Because the more you know, the better you can become.



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**ULTRA-LONG BATTERY LIFE & MULTIPLE POWER SAVE OPTIONS** Power through even your longest sessions.

### **POLAR PRECISION PRIME™**

Track your heart rate easily from the wrist with Polar's unique sensor fusion technology.

### TRAINING LOAD PRO™ & RECOVERY PRO™

Balance your training and avoid overtraining and injuries.

### FITSPARK<sup>™</sup> DAILY TRAINING GUIDE

Get ready-made daily workouts that match your recovery and readiness.

### NIGHTLY RECHARGE™ RECOVERY MEASUREMENT

Learn how well your body recovers during the night.

### SLEEP PLUS STAGES<sup>™</sup> SLEEP TRACKING

Track your sleep stages and get detailed sleep insights.

### PERFORMANCE TESTS FOR RUNNING AND CYCLING

Test your performance and personalize your heart rate, speed and power zones.

## LEG RECOVERY TEST

See whether your legs are ready for training and follow your progress.

### FUELWISE<sup>™</sup> SMART FUELING ASSISTANT

Learn to refuel during your longer training sessions.

### RUNNING POWER FROM THE WRIST

Get more insight into your runs.

### MUSIC CONTROLS

Easily navigate around your playlist and adjust volume straight on your watch.

# WEATHER

Prepare for weather changes with weather info & forecasts.