

# KNOWLEDGE IS PROGRESS



## POLAR VANTAGE V2

PREMIUM MULTISPORT WATCH



## POLAR GRIT X

OUTDOOR MULTISPORT WATCH



### RUNNING & CYCLING PERFORMANCE TESTS

Know where your performance is and personalize your heart rate, speed and power zones.



### LEG RECOVERY TEST

Make sure you're ready for high intensity speed or strength training.



### MUSIC CONTROLS

Easily navigate around your playlist and adjust volume straight on your watch.



### RECOVERY PRO™

Know how your body responds to training.



### TRAINING LOAD PRO™

See how your training strains the different parts of your body.



### RUNNING POWER

Monitor the external load of your runs with wrist-based running power.



### HILL SPLITTER™

Get detailed data about your performance on the uphill and downhill sections of your session.



### FUELWISE™ SMART FUELING ASSISTANT

Find the optimal way to refuel your body during long sessions.



52 g

Full aluminium case

WEIGHT

64 g

Up to 40 hours with GPS and wrist-based heart rate, or up to 100 h when using power save options

### BATTERY LIFE IN TRAINING MODE

Up to 40 hours with GPS and wrist-based heart rate, or up to 100 h when using power save options

\*Cycling performance test requires a compatible power sensor

\*\*Recovery Pro requires a Polar H10 or Polar H9 heart rate sensor



# PLAN BETTER, TRAIN SMARTER & RECOVER FULLY



## POLAR VANTAGE V2

PREMIUM MULTISPORT WATCH

Polar Vantage V2 allows you to really get under the skin of who you are.

This waterproof multisport watch comes with all of Polar's sports expertise in one package, including wrist-based heart rate, GPS, performance tests and recovery tracking.

The premium materials make sure Polar Vantage V2 is ready for anything.



## POLAR GRIT X

OUTDOOR MULTISPORT WATCH

For the moments when the road is not enough and new goals are waiting off the beaten track.

Polar Grit X is an uncompromising combination of rugged and durable, yet lightweight design, top training features and the possibilities of Polar Flow, the ultimate training platform.